

# What's happening at BCA's Rural Health Centre - April 2024

## **BURDEKIN CENTRE FOR RURAL HEALTH & BURDEKIN COMMUNITY REHABILITATION CENTRE**

Welcome to the April Rural Health Newsletter. We will continue to provide the very best for you in our funded programs and centre activities.

### **Integrated Chronic Care Program**

Both Individual and Early Intervention activities continue to be delivered out of the Rehab Centre whilst monitoring the number of clients at any one time, maintaining social distancing and practicing good hygiene of equipment. The services are free of charge for eligible clients.

The Exercise Physiologists, Exercise Scientists and Fitness Instructor (Cert IV), are delivering programs in the Rehabilitation Centre, enabling us to provide you with the best and most effective individualised and group programs suitable to your health conditions. Please visit your GP for a referral.

*Funded by the Nth Qld Primary Healthcare Network Ltd (NQPHN)*

### **Psychological Therapies Program**

Psychological Therapies consultations are available in a range of methods, including face to face, with Psychologists Phillip Murray and Sarah Lutkin and Mental Health Social Workers Rick Scott and Melanie Usher, All providers are highly qualified with many years of experience in a wide range of areas. Sarah is able to see children and Philip can see young people and adults regarding suicide prevention.

The Program is free of charge for anyone who holds a pension card, health care card or low income card. A referral from a GP is required to be sent to Connect to Wellbeing who will triage, complete intake with client, approve and send on to a Provider registered under the program such as BCA.

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### **Private Psychological Counselling**

GP or self referrals for Private Consultations with our Psychologists or Mental Health Social Workers can be forwarded directly to us at Rural Health. A staff member will call you to offer an appointment. The fee charged will be at the mental health professionals discretion and paid directly to them.

### **Consult & Meeting Room Hire**

Please refer to the right side of this flyer for current Health and Wellbeing service providers working out of the Burdekin Centre for Rural Health. Contact the Provider directly for an appointment.

Consult Room Hire—Full Day Rental—\$70. Half Day Rental—\$55.

All Purpose Meeting Room Hire—Full Day Rental—\$70 (minimum hire: \$20 for 2hrs.)

Please call our office on 4783 2711 to make a booking or email [bca@burdekin.org.au](mailto:bca@burdekin.org.au)

### **Telehealth Hub Services**

The Centre has a Telehealth Hub. This is an online, face to face appointment with your specialist, eliminating the travel time out of town. Ask your GP or Specialist if they can see you via Telehealth.

**For more information** on any of the above activities, please contact the Burdekin Centre for Rural Health between 9.00am and 4.30pm Monday to Friday.

***Hearing or Speech impaired, call us via the National Relay Service.***

## **Service Providers**

### **Psychological Therapies Program**

47832 711

### **Private Psychological Counselling**

4783 2711

### **Bloom Hearing**

1800 027 779

### **Burdekin Hearing**

1800 008 308

### **Clarity Hearing Solutions**

4779 1566

### **Centacare NQ Counselling**

1300 672 273

### **Synergy Health Centre**

Exercise Physiologists

Exercise Scientists

Diabetic Educator

Dietician

4724 3250

### **NQ Foot & Ankle Centre**

Podiatry

4723 5500

### **Telehealth Hub Services**

## **CONTACT US**

**Burdekin Centre for Rural Health & Burdekin Community Rehabilitation Centre.**

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Burdekin Community Association Inc.