## What's happening at BCA's Rural Health Centre - May 2024

## BURDEKIN CENTRE FOR RURAL HEALTH & BURDEKIN COMMUNITY REHABILITATION CENTRE

Welcome to our May Rural Health Newsletter. We will continue to provide vital services for the Burdekin Community through funded programs and centre activities.

**Integrated Chronic Care Program** 

Both Individual and Early Intervention activities continue to be delivered out of the Burdekin Community Rehabilitation Centre. Our Exercise Physiologists, Exercise Scientists and Fitness Instructor (Cert IV), are delivering effective individualised and group Rehabilitation programs from 7am Monday to Friday. Please visit your GP for a referral. Services are free of charge for eligible clients.

Funded by the Nth Qld Primary Healthcare Network Ltd (NQPHN)

**Psychological Therapies Program** 

Psychological Therapies consultations are available with our mental health professionals through a centralised intake service via Connect to Wellbeing. This program is free of charge for those who hold a health care card or pension/concession card. Simply see your GP for a referral through Connect to Wellbeing to be linked in with a referral to BCA.

Phillip Murray – Psychologist, Sarah Lutkin Clinical Psychologist and Rick Scott – Mental Health Social Worker are BCA mental health professionals. We can accept psychological therapies referrals for adults, young people and children 12 and under this includes suicide prevention services.

Funded by the Nth Qld Primary Healthcare Network Ltd (NQPHN)

**Private Psychological Counselling** 

GP or self referrals for Private Consultations with our Psychologists or Mental Health Social Worker can be forwarded directly to us at Rural Health. A staff member will call you to offer an appointment. The fee charged will be at the mental health professionals discretion and paid directly to them.

Consultation Room & Meeting Room Hire

Please call our office on 4783 2711 to make a booking or email bca@bcaburdekin.org.au

**Consult Room Hire** Full Day Rental—\$70. Half Day Rental—\$55. **All Purpose Meeting Room Hire** Full Day Rental—\$70 (minimum hire: \$20 for 2hrs.)

**Telehealth Hub Services** 

The Centre has a Telehealth Hub. This is an online, face to face appointment with your specialist, eliminating the travel time out of town. Ask your GP or Specialist if they can see you via Telehealth through our zero fee service.

<u>For more information</u> on any of the above activities, please contact the Burdekin Centre for Rural Health between 9.00am and 4.30pm Monday to Friday.

Hearing or Speech impaired, call us via the National Relay Service. (TTY: 133677 SSR: 1300555727)

Health & Wellbeing Providers

Psychological
Therapies
Program
47832 711

Private
Psychological
Counselling
4783 2711

Bloom Hearing 1800 027 779

Burdekin Hearing 1800 008 308

Clarity Hearing
Solutions
4779 1566

North & West Remote Health

Speech Pathology 4744 7600

Centacare NQ Counselling 1300 672 273

Synergy Health Centre

Exercise
Physiologists
Exercise
Scientists
Diabetic Educator
Dietician

NQ Foot & Ankle Centre

4724 3250

Podiatry 4723 5500

Telehealth HUB Services

Free

## **CONTACT US**

Burdekin Centre for Rural Health & Burdekin Community Rehabilitation Centre.

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Burdekin Community Association Inc.

