

# COMMUNITY CONNECTIONS



Pictured: Joan Heatley, founding member of the Burdekin Community Association having served as a member of the Management Committee the past 45 years, recently retired.  
Story Page 14.

**DEC-JAN**  
**2021**

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**Debra Cochran**  
**Chief Executive Officer**  
**Burdekin Community Association Inc (BCA)**  
**Telephone: (07) 4783 3744**  
**Mobile: 0407 637 421**  
**Facsimile: 4783 3990**  
**Email: [Debra.Cochran@bcaburdekin.org.au](mailto:Debra.Cochran@bcaburdekin.org.au)**  
**Website: [www.burdekincommunityassociation.org.au](http://www.burdekincommunityassociation.org.au)**  
**Facebook: [www.facebook.com/bca1975](https://www.facebook.com/bca1975)**

### Contact details for all editorial or advertising

**Magazine Editor: Rebecca Grogan**  
**Telephone: (07) 4783 3744**  
**Mobile : 0427 753 899**  
**Email: [Rebecca.Grogan@bcaburdekin.org.au](mailto:Rebecca.Grogan@bcaburdekin.org.au)**



## READER CONTRIBUTIONS

Have something that you would love to share? We are giving you the opportunity contribute to our Magazine. Please send us your funny jokes, stories and pictures and you could see them featured in a future edition of the Community Connections Magazine.

**Email: [Rebecca.Grogan@bcaburdekin.org.au](mailto:Rebecca.Grogan@bcaburdekin.org.au) or drop in to the Support Centre, 130 Queen Street, Ayr.**



# Burdekin Community Association Inc.

BCA has been established since 1975 “Assisting the aged, families, children & individuals who are suffering hardship & distress & improving the health & wellbeing of people in the region.” BCA is a registered charity & the largest NFP community organization in the shire.



**BCA'S main Services/Programs include :**

## **The Support Centre**

Burdekin Community Directory  
Information Hub  
Support Groups & Network Groups  
Office & Meeting Room Hire  
Visiting Community Services  
Community Recovery Centre

## **Housing & Community Support Service**

Community Support Services Program  
Crisis Accommodation Program  
Dignity Program  
Domestic & Family Violence Support Service  
Older People's Action Program  
Community Connection Magazine  
Safe Connections Program  
SecondBite Community Connect Program  
Specialist Homelessness Service  
State Emergency Relief Program

## **Volunteer Service**

Be Connected Program  
Community Information Centre  
Community Visitors Scheme  
Health My Way Program  
Volunteer Program  
Work for the Dole Hosting Program

## **Home Care Service**

Commonwealth Home Support Program  
Home Care Packages Program  
National Disability Insurance Scheme  
Queensland Community Care Program  
Queensland Community Support Scheme  
Veterans' Home Care Program  
Brokered Services

## **Burdekin Centre for Rural Health & Burdekin Community Rehabilitation Centre**

Chronic Conditions Program  
Psychological Therapies Program  
Schools Life Skills Program  
Suicide Prevention Program  
Telehealth Hub  
Support Groups & Network Groups  
Office & Meeting Room Hire  
Visiting Health Professionals  
Community Recovery Centre

## **Office Locations**

**The Support Centre ( Head Office) :** 130 Queen St, Ayr **4783 3744**

**Community Information Centre:** 119 Queen St, Ayr **4783 7633**

**Burdekin Centre for Rural Health (The Homestead) &** **4783 2711**

**Burdekin Community Rehabilitation Centre:** 12a Chippendale St, Ayr

**Website:** [www.burdekincommunityassociation.org.au](http://www.burdekincommunityassociation.org.au)

**Facebook:** [www.facebook.com/bca1975](https://www.facebook.com/bca1975)



# Burdekin Social Opportunities

## Ayr Amateur Anglers Fishing Club

Ayr Anzac Club, Ayr  
Every second Thursday 7.00 pm  
Ph. Kevin Richards 4783 3756

## Ayr Cuppa Club

Uniting Church Hall, Ayr  
Every second Wednesday  
Ph. George Neilson 0418 188 546

## Old Time Dancing

St Helen's Anglican Church Hall, Home Hill  
Every Saturday 8.00 pm to 11.30 pm  
Ph. Merle 4782 1604 / Tom 4783 1616

## Crochet Group

Burdekin Neighbourhood Centre  
40 Chippendale Street, Ayr  
Monday afternoons 1pm to 5 pm  
Ph. 4783 4243

## CWL Home Hill Card Mornings

Catholic Parish Hall, Home Hill  
Every second, third and fourth Thursday  
9.00 am to 12 noon  
Ph. Lydia Toohey 4782 1905

## Burdekin Bocce Club Inc.

Beach Road, Ayr  
Meet monthly at the Clubhouse  
Phone: 4783 3815 / Adriana 4783 7629

## Ayr State High School Bingo

Ayr Anglican Church Hall  
Every Saturday 2.00 pm  
Ph. Audrey Hazel 4783 1872

## Brandon Senior Citizens

Old Renown Theatre, Brandon  
Meets second Friday of the month  
9.30am  
Phone: Terry 4782 5224

## Local Ambulance Committee Bingo

Anzac Club, Ayr  
Every Tuesday 9.30 am  
Ph. Marla 4783 2998

## Ayr & District Orchid & Allied Plants Society

C.W.A. Hall, Young St, Ayr  
First Tuesday monthly 7.30 pm  
Ph.: Sharon Kenny 4782 5116 or  
Violet Kachel 4783 4388

## Friends and Neighbours Handicraft

Home Hill Community Sports Club  
(ex Bowls Club)  
Every Wednesday 9.00 am  
Ph: Rosalea - 0427 804 129

## Ayr Handicrafts Association

CWA Hall, Ayr  
Every Tuesday 12.30 pm  
Ph. Lorraine Fuller 4782 5580

## Mahjong

Burdekin Neighborhood Centre  
Every Monday—1pm  
Ph. Merle — 4783 1954

## Home Hill Choral Society Inc.

81 Ninth Avenue, Home Hill  
Practice: Wednesdays 7 pm  
Ph. Cheryl Platt - 0407 752 452

## Fuller Masonic Lodge

Macmillan street, Ayr  
Meets fourth Wednesday monthly 7.30 pm  
except March & December  
Ph. Mike L'Huillier - 4783 1177

## Burdekin Men's Shed Association

155-157 Young Street, Ayr  
Meet & greet sessions Mon, Wed, Fri & Sat  
8.00am-11.30am,  
Meetings 3rd Saturday of each month 1.30pm,  
Phone: 4783 1223

## Lower Burdekin Historical Society Inc.

Meet Third Wednesdays monthly 4.30 pm  
Crown Hotel, Home Hill  
Ph. Laura 47821 434

## Burdekin Machinery Preservationists

Brandon Heritage Precinct  
Last Monday monthly 8 pm  
Ph. Malcolm 47837605

## Burdekin Woodcraft Association Inc

30 Little Drysdale Street, Ayr  
Open days: Wed. 9am. Sat 9am.  
Ph. Mindi Lennon. 0408 986 869

## Burdekin Laurel Club

Ayr Anzac Club, Ayr  
Third Friday Monthly 9.30 am  
Ph. Esther McIntosh 4782 5276

## Burdekin Roadrunners & Walkers

Phone: Tony Felesina 4783 4016 / 0417 643 269

## Table Bowls

Phone: Peter 4783 4938(A/H)/4782 3825(W/H)

## Writers Group

Phone: 4783 2601 / 4783 2163

## Queensland Country Women's Association Ayr

Q.C.W.A. Hall, 117 Young St, Ayr  
1st Wednesday of the month at 3.30pm  
Phone: 0408 835 503

## Burdekin Family History Association

Home Hill Memorial Hall  
Third Saturday of the month  
9.30am  
Phone: Kathleen 4783 2401

## Burdekin Senior's Computer Club

Burdekin Neighbourhood Centre  
Every 1<sup>st</sup> & 3<sup>rd</sup> Thursday monthly  
9.15am to 11.15am  
Ph. 4783 4243

## Burdekin Art Society

154 MacMillan Street, Ayr.  
Every Tuesday from 9 am.  
Ph. Louisa—0448 509 927

## Burdekin Patchwork and Quilters Guild

QCWA Hall, Young Street, Ayr  
9.30-3.00 on 1st; 3rd; 5th Saturdays monthly  
Ph. Maryann Kelly 4782 6868

## Burdekin District 4WD Club Inc.

Meets Burdekin Neighbourhood Centre.  
1st Tuesday of the month at 7.30 pm.  
(Except December)  
Ph. Ross 0429 142 800

## Burdekin Artisans Community Assn.

'170 Arts on the Avenue',  
170 Eighth Avenue, Home Hill.  
Open every Tuesday to Saturday 10am to  
4 pm. Ph. Jane Farmer—0427147009

## Burdekin Gem and Mineral Society Inc.

Clubhouse, 86/88 Graham Street, Ayr  
Second Wednesday Monthly 8 pm  
Ph. John Paine 0747 833 826

## NASHOS

RSL Hall, Eleventh Avenue, Home Hill  
First Sunday Monthly 9.30 am  
Ph. Bev Woods 4782 2368 / Don 61400238758

Are you part of a social group that meets regularly and is in need of some new members or faces? Let us know so we can include your details in our Magazine. Email: [rebecca.grogan@bcaburdekin.org.au](mailto:rebecca.grogan@bcaburdekin.org.au); phone 0747833744 or drop into the Support Centre, 130 Queen Street Ayr during business hours Monday-Friday, 9am-4pm.

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Burdekin Shire Council

The Community Connections  
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by the Burdekin Shire Council



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magazine is proudly supported  
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**THE BURDEKIN  
DELTA CINEMAS**

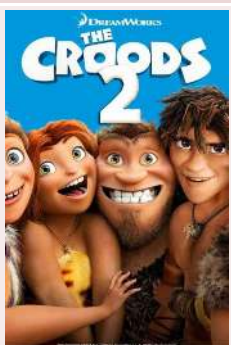
Ph: 4783 5459

**NEW MOVIES SHOWING  
DECEMBER-JANUARY**



**WONDER WOMAN 1984**

*M—166 minutes—Action/Adventure*  
Fast forward to the 1980s as Wonder Woman's next big screen adventure finds her facing two all-new foes: Max Lord and The Cheetah.



**THE CROODS: A NEW AGE**

*PG—111 minutes—Animation/Adventure*

The prehistoric family the Croods are challenged by a rival family the Bettermans, who claim to be better and more evolved.



**SUPERINTELLIGENCE**

*PG—121 minutes—Comedy/Romance*

When an all-powerful Superintelligence chooses to study average Carol Peters, the fate of the world hangs in the balance as the A.I. decides to enslave, save or destroy humanity.



**THE DRY**

*MA—132 minutes—Drama/Mystery*  
Aaron Falk returns to his drought-stricken hometown to attend a tragic funeral. But his return opens a decades-old wound—the unsolved death of a teenage girl.

**\*\*\* IMPORTANT NOTICE \*\*\***

In line with COVID-19 restrictions, sessions will be limited to a maximum of 50 patrons per cinema. It's good to see some new and recently released movies finally coming through. Come in and enjoy watching them on the big screen.

WE  
NEED  
YOUR  
HELP



**Volunteers  
NEEDED**

Burdekin Community Association Inc. are recruiting for volunteers. Have you been thinking of getting involved within your local community? Volunteers can make a huge difference for someone in need.

Help us give you an opportunity to make a difference. We have many volunteering opportunities that can suit you and your needs.

Please consider applying to volunteer with us and proactively improve the life of others, as well as increasing your own benefits on a personal scale.

Volunteering is a great way to meet new people, to increase personal satisfaction, encouraging interaction between people and strengthening the bond with your community.

If you're interested in giving an hour a week or fortnight (or more) of your time, please don't hesitate to contact BCA Volunteer Coordinator, Rita Quagliata on 47833744.

**Burdekin Veterinary Services**



**Come and meet our team at:**

**102 Edwards Street, Ayr.**

**Daytime Phone: (07) 4783 2911**

**After Hours Phone: (07) 4783 2911**



# Helpful TIPS

The hole in the center of your spaghetti spoon serves a purpose: it's just the right size to measure out a single portion of pasta.



## READER CONTRIBUTIONS

Have something that you would love to share? We are giving you the opportunity contribute to our Magazine. Please send us your hints and tips and you could see them featured in a future edition of the Community Connections Magazine.

Email: [Rebecca.Grogan@bcaburdekin.org.au](mailto:Rebecca.Grogan@bcaburdekin.org.au) or drop in to the Support Centre, 130 Queen Street, Ayr.





## TOP NEW YEARS RESOLUTIONS FOR 2021

Losing weight, eating better and saving money have topped the list of New Year's resolutions for Australians this year. A new national survey of more than 10,000 people by Finder revealed 83% of respondents set a New Year's resolution for 2021. Of those, more than half wanted to improve their fitness and lose weight, while more than one in three people, or 38%, vowed to eat better. Finances were also on people's minds, with 42% of those surveyed wanting to save more money or reduce their spending in 2021, while 14% want to tackle their debts, rising to 21% amongst millennials.

### Top New Year's resolutions for 2021

Improve fitness/lose weight - 51 per cent

Save more money/spend less - 42 per cent

Eat better - 38 per cent

Travel/travel more - 20 per cent

Get out of debt - 14 per cent

Sleep more - 13 per cent

Work less/have a work/life balance - 11 per cent

Volunteer - 8 per cent

Find love - 8 per cent

Quit/reduce smoking - 5 per cent

Quit/reduce drinking - 4 per cent

Take more risks - 3 per cent

Sourced from [www.theleader.com.au/story/7087327/top-new-years-resolutions-revealed/](http://www.theleader.com.au/story/7087327/top-new-years-resolutions-revealed/)

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Visiting 3 days per month at Burdekin Centre for Rural Health, 12a Chippendale St, Ayr  
Sarah Logen—Audiometrist

**Holden** **Mazda**

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therese@burdekinfloorcoverings.net.au  
www.burdekinfloorcoverings.net.au



# BURDEKIN WOODCRAFT ASSOCIATION

It's a great feeling to have our Association back to as close to normal as circumstances and restrictions allow. Our workshop is once again a hive of activity as members craft items for themselves, and for the public. We have recently received, and now have operational, a Wood Wizz purchased through a very welcome grant of \$18977 from the Gaming Machine Community Benefit Fund for this machine and for electrical upgrades. The Wood Wizz is a large machine designed to level large slabs for use as natural edge table or bench tops. The Wizz should have arrived earlier, however it is built in Albury NSW, with parts and the powder coating sourced from across the border in Victoria. The Covid19 situation in Victoria meant unfortunate unforeseen delays, but at least now we have it.



*The Wood Wizz ready for work, with some very proud members.*

We recently acquired a large quantity of Black Wattle from a family in Ravenswood, which has now been slabbed mostly with the 240v bandsaw mill we purchased a few months ago courtesy of a \$4490 Federal Grant. The timber is now stacked in our storeroom to dry, and in the future will become some very lovely creations. We have also been given logs of Jacaranda (a beautiful pale timber) and the local Silky Oak, *Grevillea Robusta*. While it is not suitable to make furniture and larger items, for which we use Northern Silky Oak (*Cardwellia Sublimis*), it still has a lovely grain and will make

beautiful smaller items.

Recent projects for customers include a Silky Oak bedside table, renovating a small Oak dining table and six Silky Oak dining chairs, and a large chest of drawers, and finishing two slabs of natural edge timber, for use as shelves, with a durable flooring finish.

Once again our resident toy making expert, Geoff, has made a large quantity of toys to donate to Dale Last's Christmas appeal. They will be enjoyed by many lucky children. In early November we held a mini market, to give the public an opportunity to acquire some wooden wonders which in normal years they would have bought at Shows and Festivals. We thank the public for making the morning a reasonably successful event.

We also have for sale a very cleverly designed unit which converts from a comfortable garden bench to a picnic table with attached bench seats, and an attractive folding bar suitable for BBQ areas. Made from solid Kwila, a very heavy timber, it will not be blown around by storms. If made in a woodworking studio it would retail for around \$2000, but we are offering it for substantially less.

As always we recommend that you make us your first choice for all your woodworking needs as we have members with the skills to handle virtually any project. We are at 30 Little Drysdale Street, just before the tennis courts, on Wednesday and Saturday mornings, and occasionally at other times if members need to work on their items. You can contact Mindi on 0418 986869, Phillip on 0409 615559, or find us on Facebook.

*Phillip Scuderi*  
**BURDEKIN WOODCRAFT ASSOCIATION INC.**



*An unusual set of book ends made to order by our wood wizard, Geoff.*



# RECIPE: AUSTRALIA DAY BISCUITS



## Ingredients

### Australia Day Biscuits

2 cup (300g) plain (all-purpose) flour  
1/3 cup (55g) icing (confectioners') sugar  
125 gram (4 ounces) cold butter, chopped  
1 egg  
1 tablespoon chilled water  
1 teaspoon ground wattle seeds  
1/2 teaspoon vanilla extract  
1 quantity royal icing  
royal blue food colouring  
1 tablespoon small white icing stars  
2 strawberry sour strap lollies

## Royal Icing

1 1/2 cup (240g) pure icing (confectioners') sugar  
approximately  
1 egg white  
1/4 teaspoon lemon juice

## Method

### Australia Day biscuits

1 Process flour, icing sugar and butter in a food processor until mixture resembles breadcrumbs. Add egg, the water, wattle seeds and vanilla; process until dough just comes together. Turn onto a lightly floured surface; gently knead until smooth. Shape into a disc, wrap in plastic wrap, refrigerate 30 minutes.

2 Preheat oven to 180°C (160°C fan forced). Grease two oven trays, line with baking paper.

3 Roll half the dough between sheets of baking paper until 3mm (1/8-inch) thick. Using the 5cm cutter, lightly mark a round in the dough. Using the 4cm cutter, lightly mark a second round, overlapping it slightly with the first round. Using a small sharp knife, cut out a thong (flip flop) shape, following the outer lines of the two marked rounds. Using a drinking straw, make a small hole at the wider end of the thong. Repeat with remaining dough, re-rolling scraps to cut out 30 thongs. Place on trays 2cm (3/4-inch) apart.

4 Bake biscuits, swapping trays halfway through baking time, for 15 minutes or until light golden. Cool on trays.

5 To make royal icing, sift icing sugar through a fine sieve. Lightly beat the egg white into a small bowl until mixture is just broken up (do not whip into peaks). Beat in the icing sugar 1 tablespoon at a time, until it reaches desired consistency. Using a wooden spoon mix in the lemon juice. tint blue. Spread icing over biscuits. Decorate with stars in a Southern Cross pattern, stand until almost set.

6 Trim sour straps into 6mm x 8cm (1/4-inch x 3 1/4-inch) lengths. Cut each almost in half lengthways, stopping 5mm (1/4-inch) from end. Thread the thicker end of the sour strap into biscuit holes, place split end of strap on either side of the thong; tuck ends underneath the biscuit and secure with a little royal icing; stand until set.

## Notes

Colour the icing pink or green for another occasion, and decorate with sprinkles. You need a 5cm (2-inch) and a 4cm (1 1/2-inch) round cutter; and a plastic drinking straw.

Sourced from [www.womensweeklyfood.com.au/recipes/australia-day-biscuits-11820](http://www.womensweeklyfood.com.au/recipes/australia-day-biscuits-11820)

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	<b>EXTERNAL BLINDS</b>	

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## Grants to assist community groups now on offer

ROUND SIX of the popular Stronger Communities grants program is now open and interested organisations are encouraged to get in touch with my office. The Stronger Communities Programme provides funding of between \$2,500 and \$20,000 for not-for-profit groups to undertake small capital works projects. An added benefit in this round is that applicants may be eligible for 100 per cent of funding, to support our economic recovery from the COVID-19 pandemic. Expressions of Interest forms are available from my office and should be returned by February 26. Find out more about the program at Stronger Communities Programme – Round 6 | [business.gov.au](http://business.gov.au)

## Alligator Creek intersection upgrade funds on the table

Life-saving measures on our roads are planned at two locations in the Townsville region, as part of a program to protect road users and also support local jobs. The Federal Government will contribute \$1.32 million towards a Bruce Highway intersection upgrade at Alligator Creek Road, with the State Government contributing \$330,000 for the work to go ahead. A further \$7 million will be contributed by the Federal Government for the installation of wide centreline treatment on the Flinders Highway between Hocking Road and Toonpan Lagoon, southwest of Townsville. The State Government

contribution for this work is \$1.76 million. This funding is subject to “use it or lose it” provisions which means these projects are expected to be delivered by June 30 this year.

## Building regions

PROPOSERS of projects which create jobs and better our region, particularly those which are tourism-related, are urged to find out more about the Morrison Liberal National Government's Building Better Regions Fund. Grants of between \$20,000 and \$10 million are on offer, under two streams, Infrastructure Projects and Community Investments. Our region has benefited greatly from previous rounds of the BBRF with investments in a number of crucial projects such as the Mackay 'Sugar Bowl' skate park, boat ramp upgrades, CQ Rescue facility upgrade, council chambers at Proserpine, Whitsunday Sportspark, Whitsundays water supply and Burdekin council economic development. Applications for Round 5 of the Building Better Regions Fund close on 5 March 2021. Successful applicants are expected to be announced in mid-2021. Visit [www.business.gov.au/bbrf](http://www.business.gov.au/bbrf) for more information.

**Authorised by Federal Member for  
Dawson George Christensen, 2/21 Milton  
St, Mackay Qld 4740. PH: 4944 0662  
[www.georgechristensen.com.au](http://www.georgechristensen.com.au)**



## Nuttall's Garden Centre

Jim Nuttall

Nursery Manager

52 Soper Street, Ayr





The Burdekin Community Association Inc. (BCA) Housing and Community Support Service provides accessible counselling and court support services to people who are experiencing (or have experienced) Domestic and Family Violence (DFV).

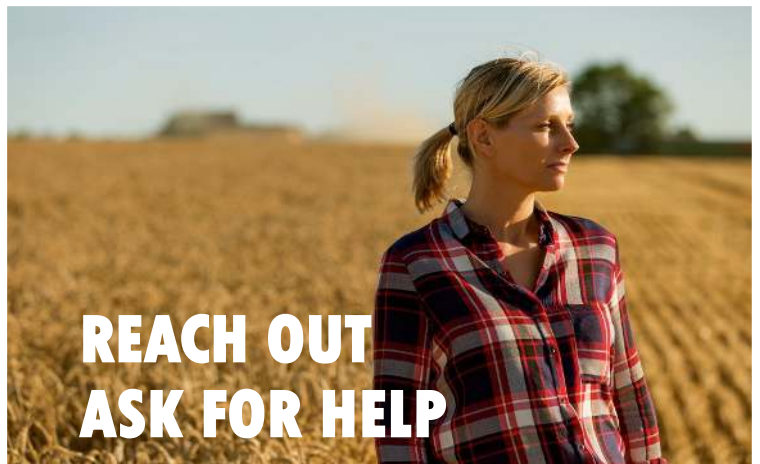
**We are here to listen, help and support you in your choices.**

We can:

- Provide counselling
- Assist with safety planning and identifying ways that you can increase your safety in your home, work and social environments
- Refer to appropriate services for immediate and safe accommodation
- Assist to arrange transport
- Refer to services for financial assistance
- Assist with safety upgrades to your place of residence

**The service is completely free and confidential**

***Domestic violence, in all its forms is unacceptable and a violation of human rights.***



If you would like to talk, or make an appointment, call our Domestic and Family Violence Support Service between 9am and 4pm, Monday to Friday.

**(07) 4783 3744**

All calls are confidential. We won't call you back unless you say it's ok to do so.

Or you can visit us at  
Burdekin Community Association Inc.  
The Support Centre  
130 Queen Street  
AYR QLD 4807

Email: [bca@bcaburdekin.org.au](mailto:bca@bcaburdekin.org.au)  
Text only service: 0427 832 178

**If it's an emergency or someone is in immediate danger call the police on 000 (triple zero).**

## **BURDEKIN COMMUNITY ASSOCIATION INC.**

### **Domestic and Family Violence Support Service**

## **DOMESTIC AND FAMILY VIOLENCE CAN AFFECT ANYONE**

Domestic and family violence is when one person in a relationship uses violence or abuse to maintain power and control over the other person. It causes the person being abused to live in fear.

Domestic violence can include physical, verbal, sexual, emotional or psychological abuse. It can include behaviours like stalking, isolation or controlling what a person does, who they see or even what they wear. Living with domestic violence can have a profound effect on children and young people. There is often more than one victim of the abuse.

For more information about the signs of domestic violence, supporting others and raising awareness in our community visit [www.qld.gov.au/trustyourinstinct](http://www.qld.gov.au/trustyourinstinct)

## **FOR FURTHER ASSISTANCE**

*In an emergency or for 24 hour help please call the helplines below.*

24 HOUR HELP	
Emergency	000
DV Connect Womensline	1800 811 811
DV Connect Mensline	1800 600 636
Kids Helpline	1800 551 800



# Burdekin Shire Council Update

## *with Mayor Lyn McLaughlin*

### Happy New Year, readers!

2020 was a year unlike any other, but we made it through! I want to thank our community for remaining resilient, adapting, and overcoming the many challenges of the past year, and look forward to the Burdekin's many achievements in the year ahead.

The last few months of 2020 were incredibly busy across the Shire, and kicked off with the Burdekin playing host to Queensland's first ever drive-in concert, Live at the Grounds in September. The event ensured social distancing guidelines were followed in line with State and Federal directions, and was a huge success featuring tribute acts for Fleetwood Mac, Creedence Clearwater Revival and Queen. I want to congratulate the innovation of Council's Theatre staff who planned and ran the event and thank the hundreds of locals who attended and supported.

Council also supported the Ayr and Home Hill Chambers of Commerce to launch the Burdekin Rewards Loyalty Program, which encourages everyone to shop in the Burdekin for the chance to win monthly prizes. There have been hundreds of Burdekin Rewards cards completed and entered in the initiative's first few months, and I look forward to seeing support for the project continue to grow this year. You can pick up a Burdekin Rewards card from any participating retailer.

The Burdekin Industry Breakfast also returned in October, giving attendees progress updates on the Haughton River Floodplain Upgrade and Haughton Pipeline Stage Two, as well as a presentation from the Australian Army Reserves. The Industry Breakfasts are always well-attended, and I can assure you they will continue in 2021.

Mental Health Week was another event well-supported by the community, with a Wellbeing Expo held in collaboration with the Plantation Park Markets and a movie night hosted by the Burdekin Shire Youth Council. Remember: it is okay to not be okay – reach out to a loved one or a registered support organisation if you ever need help.

As always, the year concluded with the Burdekin Community Christmas Carols – one of the only in-person Carols held in North Queensland! It was fantastic after a year of social distancing to see the community come together and celebrate in a COVID-Safe capacity.

What will 2021 bring? Many projects are already underway or in the planning stages at Council, including ninja fitness equipment being installed at Watson's Green, installation of a new digital community billboard in Giru, curated street art in Ayr, Giru and Brandon, construction of the new 5 megalitre Home Hill Reservoir, opening of tenders for the \$10 million Ayr/Brandon water infrastructure upgrade, and continuation of rural reseal and infrastructure projects such as Norham Road and Parker Street.

As we have already seen this year, the wet season is upon us – so I encourage you to have an emergency kit prepared and remember if it's flooded, forget it! In the event of a natural disaster, tune in to your local radio station or if you have internet access, visit the Burdekin Disaster Dashboard for updates:  
[disaster.burdekin.qld.gov.au](https://disaster.burdekin.qld.gov.au)

Until next time, enjoy the rest of Summer!

**Lyn McLaughlin**  
**Mayor**





**Burdekin**  
Shire Council

# AUSTRALIA DAY AWARDS 2021



Burdekin Shire Council's Australia Day 2021 award recipients were announced at a ceremony at the Burdekin Theatre tonight.

Colin Casswell was named Citizen of the Year, Sarah McDonnell was named Young Citizen of the Year, and Jason Williams was named the inaugural Burdekin Volunteer of the Year.

Burdekin Shire Council Mayor Lyn McLaughlin said despite COVID-19 limiting opportunities for people to gather and events to be held in 2020, all Australia Day nominees demonstrated that community spirit was more alive than ever. "I want to congratulate every single nominee in the 2021 Australia Day Awards: their contributions to the Burdekin are testament to the incredible community we have here," Cr McLaughlin said.

"Of particular note this year are Young Citizen of the Year, Sarah McDonnell, and Community Event of the Year, Laurie's Love 24 Hour Row for a Cure, which have each won their category for consecutive years.

"2021 Burdekin Citizen of the Year Colin Casswell has been an active member in all areas of the community, from business to schools and sporting clubs. Of particular note, he has been instrumental in acquiring many improvements to Home Hill Tennis Association facilities as a member of the grant subcommittee: writing, applying, and being successful in receiving almost one million dollars in grant funding."

2021 Burdekin Shire Council Australia Day Award recipients:

- Citizen of the Year: Colin Casswell
- Young Citizen of the Year: Sarah McDonnell
- Citizen of the Year Achievement Award: Les Henaway
- Community Event of the Year: Laurie's Love 24 Hour Row for a Cure
- Community Event of the Year Achievement Award: 2020 Sweet Days Hot Nights Virtual Festival
- Volunteer of the Year: Jason Williams (Burdekin Junior Rugby League Club)
- Senior Cultural Award: David Guy
- Junior Cultural Award: Clara Hutton
- Junior Cultural Achievement Award: Hayley Nosworthy
- Senior Sportsperson of the Year: Josie Coddington
- Junior Sportsperson of the Year: Isabella Moloney

## GROVES AND CLARK SOLICITORS

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- ♦ Wills
- ♦ Retirement & Estate Planning
- ♦ Conveyancing

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# BURDEKIN COMMUNITY ASSOCIATION INC.

## To JOAN HEATLEY

In most sincere appreciation



Dear Joan

You were a founding member of the Burdekin Community Association Inc. and have served as a member of the Management Committee during the past 45 years.

Your decision to retire from the Committee is regretted by members of the Committee, Staff and Volunteers. On their behalf we desire to place on permanent record an expression of most sincere appreciation of your meritorious and loyal service and untiring efforts.

Tremendous progress has been made by the Burdekin Community Association during the last four and a half decades and many effective programs and projects have been successfully undertaken. You should feel justifiably proud of these achievements as much of the credit must go to you.

Grateful thanks are extended to you with the hope that the time ahead will bring you and yours health and happiness. For and on behalf of the Burdekin Community Association Inc. and its members.

*Majella Meehan (President)*  
22nd September 2020



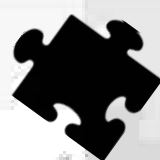
Burdekin Community Association Inc.





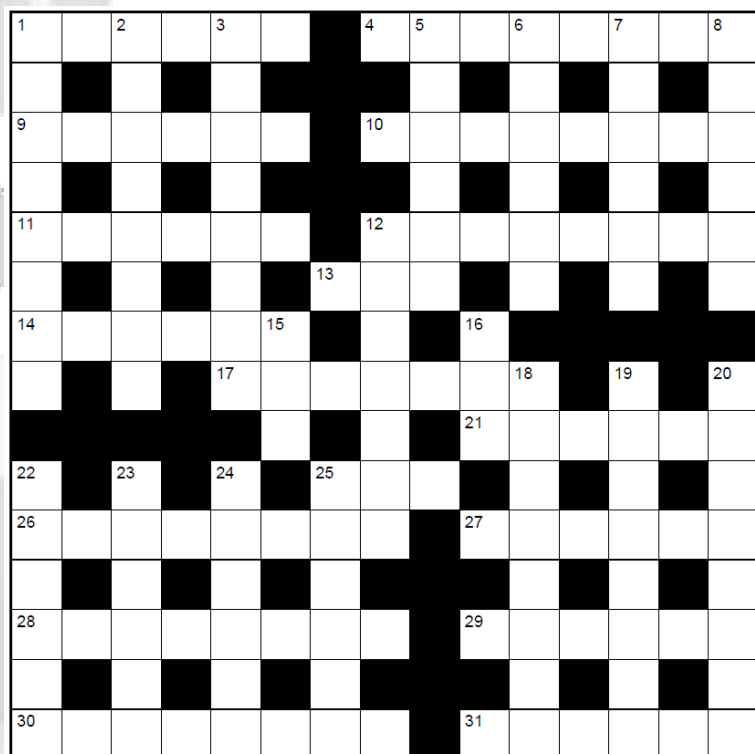


# PUZZLE PAGE



Each edition we will be publishing our puzzles without solutions  
(these will be available in the next edition of the Roundabout).

## Crossword



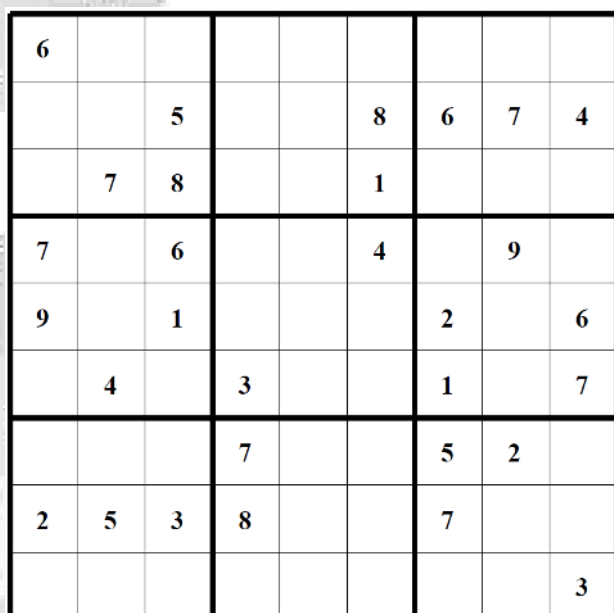
### ACROSS

- 1 New store keeps British ice-cream (6)
- 4 Noblewoman wants pub on old headland (8)
- 9 Request comes in to get engine part (6)
- 10 Emit a fug perhaps and use it to disinfect (8)
- 11 Gate of harbor by a lake (6)
- 12 Chief of staff blasted lenient guard (8)
- 13 Container in grate (3)
- 14 One looks for member of 60s group? (6)
- 17 Sly devil loses one pound then promises to pay (7)
- 21 Occupier of temporary shelter outside centre of Gdansk (6)
- 25 A chap to tease (3)
- 26 One working with Norma on hill? (8)
- 27 Nation accepts popular playwright (6)
- 28 Going across river involves guts (8)
- 29 Six vehicles for clergymen (6)
- 30 Member of audience is unusually silent before the Queen (8)
- 31 To give protection from French fiend, I must go (6)

### DOWN

- 1 One gives direction to put name to letters (8)
- 2 Kept quiet (8)
- 3 Raised tax in east Leeds endlessly (8)
- 5 One mistreats Jack and his employer? (6)
- 6 After work I swallowed a drug (6)
- 7 Woman finds Pamela inebriated to some extent (6)
- 8 Yes, elm could be suitable (6)
- 12 Relish entertaining one with the Messiah (7)
- 15 The German turned up for wine (3)
- 16 Small building is closed first off (3)
- 18 Calm about intravenous drug (8)
- 19 Banter that's not lasted well? (8)
- 20 Emphasized puddings should rise (8)
- 22 Con the healthy and prosper (2,4)
- 23 Churned up salted deposits at river mouths (6)
- 24 Girl engrosses soldiers with martial art (6)
- 25 Leave a story for footballer (6)

## Sudoku



Free Crosswords Online. (2019, February 25th).  
Retrieved from <http://alberichcrosswords.com>

## Riddle me this:

**If Teresa's daughter is my  
daughter's mother, what  
am I to Teresa?**

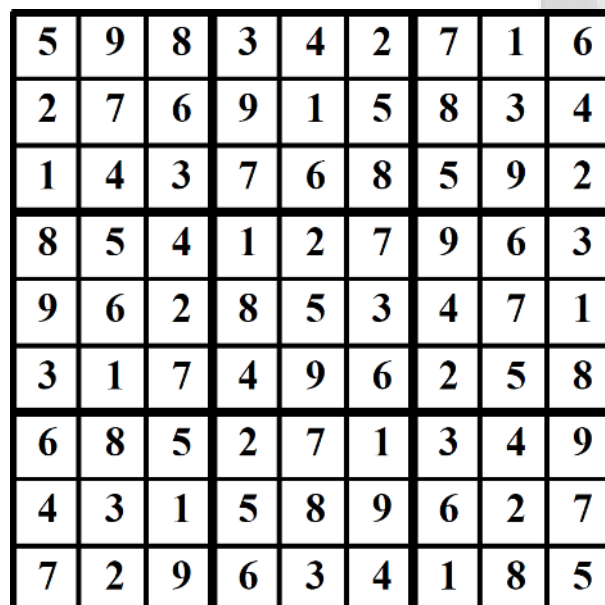
- A. Grandmother
- B. Mother
- C. Daughter
- D. Granddaughter
- E. I am Teresa

RIDDLESANDANSWERS.COM

Generated by <http://opensky.ca/sudoku> on Mon Feb 25th



# Sudoku



A diagram showing a V-shaped notch in a material. A protractor scale is placed across the top of the notch, with a red vertical line indicating the center of the notch. The scale has markings on both sides of the center line.





## COUNSELLING

<b>Ayr Hospital</b> —Community Mental Health Service	(07) 4783 0890
<b>Beyond Blue</b> —Anxiety and depression information and support—Available 24/7	1300 224 636
<b>Burdekin Centre for Rural Health</b> - Free psychology service for adults and children—Gp referral required	(07) 4783 2711
<b>Centacare NQ</b> —Individual and family counselling Self referral	1300 672 273
<b>Headspace</b> —Free health services for young people aged 12-25	(07) 4799 1799
<b>Kids Helpline</b> —Free and confidential support for 5-25 years old—Available 24/7	1800 551 800
<b>Lifeline</b> —Crisis support and suicide prevention Available 24/7	13 11 14
<b>Mental Health Access Line</b> Confidential mental health triage service that provides the first point of contact to public mental health services to Queenslanders—Available 24/7	1300 642 255
<b>Northern Australia Primary Health Ltd</b> Free counselling services for people 14 years & over—GP referral required	(07) 4799 1799

*This list has been prepared by Burdekin Community Association Inc. and is current as at Feb 2019. For more information please contact (07) 4783 3744.*

## FOOD RELIEF ASSISTANCE

A joint Community Response by Burdekin Community Association Inc. and St. Vincent De Paul Society.

The Support Centre, 130 Queen Street, Ayr, Food Relief Clinic Every Monday 1:00pm-1:30pm

Or through consultation with BCA Support Staff Monday-Friday 9am-4pm  
(Centrelink Income Statement required)

## Local Radio Stations

Triple M	92.3FM
Hit FM	93.1FM
Sweet FM	97.1FM
ABC Radio Townsville	101.5FM

## Medical Care Guide

Ayr Medical Group: 4783 9100  
2a Chippendale Street, Ayr

Dr. D. Oats Dr. W. R. Taylor  
Dr. R. Martinez Dr. S. Wijaya  
Dr. S. Agilan Dr. E. Moody  
Dr. S. Mukkamala Dr. M. R. Enrile

Outback Family Medicine: 4783 7999  
140 MacKenzie Street, Ayr  
Dr. Margaret Culpan, Dr. W. Aung

Home Hill Women's Clinic: 4782 2200  
Home Hill Hospital, 42 Eighth Street  
Dr. Narelle Martin

Home Hill Surgery: 4782 1479  
67-69 Eighth Avenue, Home Hill  
Dr. S. Tata, Dr R. Yandra, Dr V. Pulavarthy

The Family Practice At Ayr: 4783 3888  
10 Cameron Street, Ayr  
Dr. B. Susic, Dr K. Snook

## Renewing your Queensland Drivers Licence

<b>Ayr QGAP:</b> (Phone 4761 2050) Monday, Tuesday, Wednesday & Friday 8.30 am to 4.30 pm Thursday: 9.30 am to 4.30 pm (Subject to change)	<b>Fees: (New Smart Card)</b> • 1 Year \$80.70* • 2 Years \$112.50* • 3 Years \$139.20* • 4 Years \$161.05* • 5 Years \$180.70*
<b>Home Hill Police Station:</b> (Phone 47821 300) Monday, Tuesday & Thursday 9 am-12 o'clock	Replacement Licence: \$77.35* Photo ID Card: \$70.55*
<b>Giru Police Station:</b> (Phone 47829 180) Monday, Tuesday, Wednesday & Friday 9am-2pm.	Marine Licence: \$112.85*  *as at 1st July 2019

## Queensland Health-Ayr Hospital

Ayr Health Service can provide financial assistance through the Patient Travel Subsidy Scheme to eligible patients who need to travel away to other health services for procedures and tests not available locally. Application Forms/Claims can be lodged, Open for Claims—Monday to Friday 9 am to 1 pm

**St Andrews Lower Burdekin MEALS ON WHEELS**  
109 McMillan St AYR  
Phone 4783 2659

## Courtesy Buggy Service Townsville Hospital

Courtesy buggy service-A free buggy service is available for patients, their families and hospital visitors.

Courtesy buggies are available between 8am and 4 pm each weekday and provide transport to paid car parks, Palliative Care, the Birth Centre, Ronald McDonald House and Red Cross.

Buggies can be found at the main entrance of the hospital or call 4433 3174 to arrange pick up.

## Justice of the Peace Services

**The Burdekin Library,  
108 Graham Street, Ayr**  
Hours of operation:  
Every Tuesday  
10 am to 2 pm.

**Phone: 1300 301147  
www.qld.gov.au/jps**

## LOCAL PHARMACIES

Julie's Pharmacy,  
144 Edwards Street, Ayr  
Phone: 4783 1719. A/H: 0417 613 625

Ayr Amcal Pharmacy  
82 Queen Street, Ayr  
Phone: 4783 1203 A/H: 4783 1203

Burdekin Plaza Pharmacy  
118-120 Edwards Street, Ayr  
Phone: 4783 5277

Terry White Chemmart  
109 Queen Street, Ayr  
Phone: 4783 1235

Ayr Friendly Care Pharmacy  
2a Chippendale Street, Ayr  
Phone: 4783 1356

Home Hill Pharmacy  
129-141 Eighth Ave, Home Hill  
Phone: 4782 1084

Mark Watson, Corner Pharmacy  
101 Eighth Ave, Home Hill  
Phone: 4782 1228

## AFTER HOURS PHARMACY ROSTER

### DECEMBER

Sunday 6th Terry White Chemmart

Sunday 13th Julie's Pharmacy

Sunday 20th Ayr Amcal Pharmacy

**Christmas 25th-28th** Julie's Pharmacy

### JANUARY

**New Years 1st-3rd** Burdekin Plaza Pharmacy

Sunday 10th Terry White Chemmart

Sunday 17th Julie's Pharmacy

Sunday 24th Ayr Amcal Pharmacy

## LOCAL CHURCH SERVICE TIMES

### Anglican Churches:

St Helen's 14th Street, Home Hill  
Sunday - 9.00 am  
All Saints MacMillan Street, Ayr  
Sunday - 9.00 am and 5.30 pm  
Ph: 4783 2293

### Assemblies of God:

Burdekin Community Church  
International Drive, Ayr  
Sunday - 9.00 am and 5.00 pm  
Ph: 4783 5937

### Burdekin Baptist Church:

151 Beach Road, Ayr  
Sunday - 10.00 am  
Ph: 4783 7713

### Burdekin Uniting Church:

32 Twelfth St, Home Hill  
Sunday - 8.30am  
Ayr Uniting MacKenzie Street, Ayr  
Sunday - 10.00 am Ph: 4783 2251

### Presbyterian Churches:

St Andrews 9th Avenue, Home Hill  
Sunday - 8.20 am  
MacMillan Street, Ayr  
Sunday - 10.00 am  
Ph: 4783 5771

### Catholic Churches:

Sacred Heart Parish  
98 Edward St, Ayr  
Saturday - 6.00 pm  
Sunday - 9.00 am and 5.30 pm  
Ph: 4783 2316

St Colman's  
10th Street, Home Hill  
Sunday - 7.00 am and 6.00pm  
Ph: 4782 1695

St Josephs, Clare  
Saturday - 6.00 pm  
Ph: 4782 1695

St Josephs, Giru  
Sunday - 7.00 am Ph: 4782 9135

### Greek Orthodox:

St Stephen's,  
8th Avenue, Home Hill  
1st Saturday monthly - 8.00 pm  
Ph: 4783 5039

### Salvation Army Church:

116 Young Street, Ayr  
Sunday 10.00 am  
Ph: 4783 2527

### Seventh Day Adventist Church:

15 Parker Street, Ayr  
Thirteenth Avenue, Home Hill  
Saturday - 9.30 am  
Ph: 4783 6859

### Burdekin Christian Outreach Centre:

26-30 Edward Street, Ayr  
Sunday - 9.30 am and 6.30 pm

### The Gospel Outreach Centre Inc.

15/17 Cox Street, Ayr  
Sunday 10.30 am & 6.30 pm  
Ph: 0437 777 116

### Burdekin Wesleyan Methodist Church

CWA hall—117 Young Street Ayr  
Sunday - 3pm  
Phone: 0427607315

# What's on AROUND TOWN?

Celebrate  
**AUSTRALIA DAY**  
Awards Ceremony  
starts **5PM**  
**TUESDAY 26 JANUARY 2021**  
**BURDEKIN THEATRE**  
\*Presentation of Australia Day Awards  
\*Australian Citizenship Ceremony  
Followed by Refreshments & Entertainment  
Free tickets must be secured online at  
burdekintheatre.com.au or phone 4783 9800  
Australia Day  
Burdekin Shire Council

## LOCAL MARKETS

### Plantation Park Markets

Plantation Park, Ayr  
Vietnam Veterans Association  
Every third Sunday monthly  
8.00 am  
Ph. Lynette 4783 1735 /  
Don 4783 6627

### Plantation Park Markets

Plantation Park, Ayr  
Ayr State School P. & C.  
First Sunday monthly  
Ph. 4790 3333

### Burdekin Neighbourhood Centre

40 Chippendale Street, Ayr  
Phone: 4783 4243

- ⇒ Burdekin Dementia Support Group  
First Tuesday of every month, 10am
- ⇒ Burdekin Support Group of Parkinson's QLD  
Last Friday of every month, 10am
- ⇒ Free Legal Community Legal Advice Program  
First Tuesday of every month

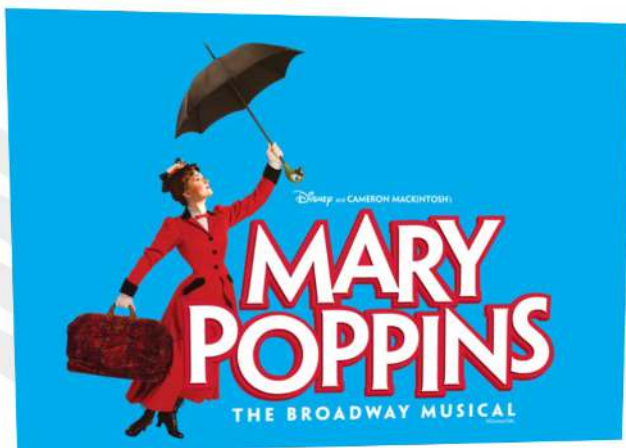




# WHAT'S ON

## AT THE

# Burdekin Theatre



Burdekin Theatre

## Burdekin Singers presents Mary Poppins

(Next) Friday, 5th February 2021

Fri 05 Feb (Daily)

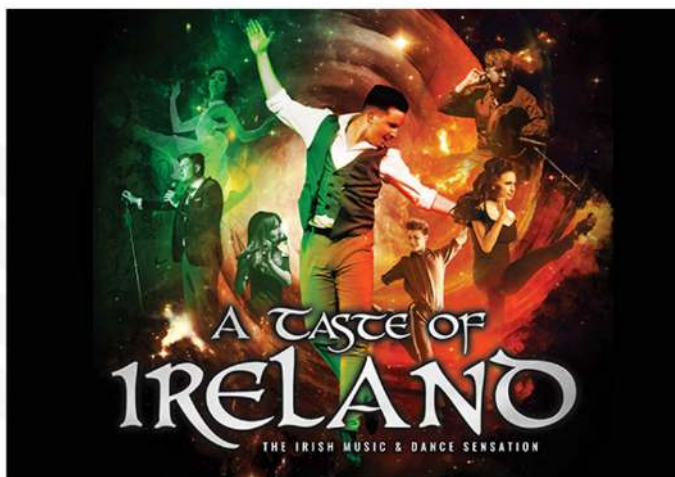
One of the most popular Disney movies of all time is capturing hearts in a whole new way: as a practically perfect musical! ...

Burdekin Theatre

## Taste of Ireland

Sun 23 May

'A Taste of Ireland—The Irish Music & Dance Sensation' will have you laugh, cry and jig into the night with a show that has entertained thousands....



# THE TAP PACK

**2021 QUEENSLAND TOUR**  
**BURDEKIN THEATRE | 20 JUNE 2021**

*"A mix of slick humour, high energy entertainment and world class tap dance. A show of pure entertainment inspired by legendary kings of swing."*



For all enquiries, venue bookings or tickets sales please contact:

**Burdekin Theatre Box Office**

Open Monday - Friday from 10:00am to 4:00pm

(07) 4783 9880

[burdekin.theatre@burdekin.qld.gov.au](mailto:burdekin.theatre@burdekin.qld.gov.au)





# BURDEKIN COMMUNITY ASSOCIATION INC. 45TH ANNUAL GENERAL MEETING



Councillors John Furnell, Sue Perry and Michael Detenon with Mayor Lyn McLaughlin and BCA President Majella Meehan.



BCA President Majella Meehan with special guest speaker Mr Campbell McCall (The Infrastructure Group).



BCA President Majella Meehan with Council CEO Terry Brennan.



# PRESIDENT'S REPORT

*Majella Meehan*

Distinguished Guests, Ladies and Gentlemen,  
Welcome to the 45th Annual General Meeting  
of the Burdekin Community Association Inc.  
(BCA).

It gives me great pleasure to present to you,  
my 16th report as your President.

As Paul Kelly wrote, "From little things, big  
things grow". That is certainly true of the BCA.  
It all started 45 years ago with a small band of  
dedicated volunteers and with the assistance  
of the Burdekin Shire Council allowing the use  
of a very small building in Plantation Park.

Today, we operate from three different sites  
having a staff of 63, volunteers numbering 60  
and 14 subcontractors.

The seed for this success was the vision of,  
among others, our former President, Joan  
Heatley OAM. Joan has decided not to seek re-  
election to the Management Committee.  
However, I could not let this occasion pass  
without paying tribute to her vision, dedication  
and commitment over the past 45 years. In  
2017, Joan was awarded Life Membership of  
the BCA, having been one of the founding  
members and having also served as President  
for 28 years. The BCA and the Burdekin  
community owes Joan a debt of gratitude for  
her contribution to the formation and growth of  
the BCA. Thank you, Joan.

The BCA operates in the welfare sector, which  
is a very challenging area. It seems that the  
more things change, the more they stay the  
same. Each year we face the continuing  
challenge of meeting the demand for increased  
services on an often decreasing budget.

This year is no different except for COVID-19.  
We are probably all asking if our lives will ever  
return to what we considered normal. In many  
respects, we are all coping with "the new  
normal" as we move on with our lives.

COVID has impacted on everyone and the  
BCA is not different. During the height of the  
crisis, delivery of services was impacted and  
still is, to a certain extent. However, we have  
continued to provide support to our community  
and have implemented measures to enable  
services to continue. Service delivery, with the  
necessary changes to ensure the safety of our  
staff, volunteers and clients, is back to as close  
to "normal" as we are able.

The impact of COVID is far reaching. The  
effect on the economy and the recession that  
we are in, and probably will be for quite some  
time, has the effect of increasing the demand  
for services, while decreasing the available  
funds to deliver those services. That is  
something that the BCA has dealt with in the  
past and will continue to do so in the future.

However, we are fortunate that the BCA is in a  
strong financial position. The financial reports  
are published in the Annual Report for your  
consideration. I also recommend reading the  
Service Co-ordinators reports, which show the  
detailed picture of the many and varied  
services provided by the BCA.

I also take this opportunity to thank the donors,  
both large and small, who have supported the  
BCA financially. Your support allows us to be  
proactive in the community and provide a  
wider range of services than those funded by  
Government.

Without the support of the Burdekin Shire  
Council, the Department of Health, Department  
of Communities, Disability Services and  
Seniors and Department of Housing and Public  
Works and Department of Child Safety, Youth  
and Women the BCA would not be able to  
provide the number of services that we do. I  
greatly acknowledge the support of those arms  
of Government and look forward to continuing  
to work in partnership with them.

The strength of any organisation rest with the  
staff and volunteers. To the staff and  
volunteers of the BCA, I say "thank you" for  
your all support and hard work in making the  
BCA the extraordinary organisation that it is.  
Page | 8

To our CEO, Deb Cochran, I extend my debt of  
gratitude for the excellent work she does and  
for her commitment and vision. Having Deb as  
our CEO certainly makes my and the  
Management Committee's role much easier.  
Thank you Deb.

I also express my thanks to the Management  
Committee. Your wisdom and guidance helps  
the BCA continue to deliver services to the  
Burdekin community. For that, the community  
is very grateful, and I am pleased that we, the  
Management Committee, have been able to  
provide that service to the community.

Thank you all for coming tonight and for  
showing your support in these COVID times. I  
wish you well for the coming year and look  
forward to seeing you in 2021.

# CHIEF EXECUTIVE OFFICER'S REPORT

## *Debra Cochran*

2019-20 was another busy and productive year for BCA. All service agreement targets were met or exceeded and strong financial results were achieved. Our work was made possible thanks to our wonderful Team and the support of our funders, donors, partners and many caring community members. I encourage you to learn more about our programs and diverse activities in the following Service Reports.

Our total income was \$6,147,824 which included government funding of \$4,455,514 secured for programs. This was an increase of 47.31% to the previous year. A number of funding agreements were renewed for 12 months or more. Growth funding was obtained for the Commonwealth Home Support Program (\$49,356) and State Emergency Relief Program (\$3,084).

Grant applications for the Qld Community Support Scheme (QCSS) and Burdekin Domestic and Family Violence Support Service were successful with services commencing in July and October respectively. One-off grants were obtained for the Health My Way Program, to reimburse Volunteers for fuel expenses, increase Seniors' computer literacy, create and distribute Burdekin Suicide Prevention Service Finder Cards and offer the online LivingWorks Start Suicide Prevention Program. The Support Centre emergency duress system and ITC data cabinet were upgraded, the website redesigned and Surface Pro tablets provided to Services to enhance administration.

Our service delivery increased in crisis, housing and seniors support, counselling and the provision of information, advice and referrals. Existing Qld Community Care Program clients were assisted to access services under the National Disability Insurance Scheme or new QCSS. Of particular note was the continuing increase in the demand to deliver and coordinate Home Care Package services, which had flow on effects such as an increase in Support Worker numbers (up from 25 a few years ago to 39) and the recruitment of a Registered Nurse to provide services.

Demand for psychological counselling was high with the Northern Qld Primary Health Network (NQPHN) funding for the Psychological Therapies Program being exhausted by March. Thankfully, we were able to negotiate additional funding and move to a fee for service agreement with Neami National P/L to continue providing services. We also assisted the Psychologists interested in

offering private counselling sessions for people ineligible for the free Psychological Therapies Program.

The NQPHN ceased funding of the Chronic Conditions Program in June and planned to conduct an open tender process for an Integrated Team Care and Allied Health Program from July. The onset of COVID-19 put these plans on hold and we were able to negotiate 12 months funding for an Integrated Chronic Care Program and continue delivering Rehabilitation Centre services. Unfortunately, we were not offered funding to continue health promotion and prevention activities which led to the position of Rural Health Nurse having to be made redundant in June.

Throughout the year we continued to focus our efforts on activities to help alleviate people's hardship and distress and improve their health and wellbeing. This included working with funding bodies and other agencies to try to fill the gaps in service delivery in housing, DFV mobile support services and DFV perpetrator programs.

BCA held a number of community events and activities during the year and the Team also attended local and regional expo's, workshops and forums. We continued to facilitate the Health Network, Domestic and Family Violence Network and Suicide Prevention Network. We helped to develop the Burdekin Suicide Prevention Community Action Plan and commence actions. In addition, Staff and I represented the BCA on the Local Disaster Management Group and participated in the Council's Happy, Healthy Home Campaign.

During the year the government introduced new Aged Care Quality Standards and the National Disability Insurance Agency transferred to the new NDIS Quality and Safeguards Commission. To ensure BCA's registration to provide NDIS supports did not lapse, we submitted a renewal application to the Commission and this was followed by an NDIS Certification Audit which we passed with flying colours.

COVID-19 restrictions significantly impacted on service delivery from late March to mid-May. A Pandemic Emergency Plan, COVID-19 Response Business Continuity Plan and Workplace Guidelines were developed and a number of initiatives were implemented to help prevent the potential spread of the virus. Our Team responded well to many challenges with most service delivery continuing, albeit via non-contact in-home, at a safe distance in vehicles, outside premises, via phone or internet. We increased our support of clients via telephone considerably as well as through the use of technology and social media.

The Team showed their creativity by producing online video's and post cards and letters that were



sent to clients living at home and in residential care to let them know we were thinking of them, promote access to services and remain connected. The coming year is shaping up to be another busy one for BCA, particularly given the current uncertain and challenging times and the increasing demands on the social and community services sector. A key priority is to prepare a new BCA Strategic Plan for 2021 to 2025 and we will be seeking input from stakeholders on BCA's strategic objectives and activities soon.

Work is being undertaken for the upcoming Human Services Quality Framework Certification Audit of the DFV Support Service, Older People's Action Program and QCSS. Planning is also underway to upgrade the Rural Health Centre carpark to create more parking spaces and further utilise information technology to enhance and streamline administrative functions.

I express my thanks to President, Majella Meehan and the Management Committee for their support and guidance. I also thank our Team for your support and your ongoing dedication to BCA and helping others. I reiterate Majella's thanks to the funding bodies, Burdekin Shire Council, businesses, service clubs, community groups, other agencies and individuals.

In closing, BCA is in a strong position to continue providing welfare and health services to some of our most vulnerable residents. It's rewarding to be able to help people and contribute to the community as we do. I look forward to the year ahead and thank you for your support.



## POSITION VACANT

Support Worker (Casual)

Burdekin Community Association Inc. is a not-for-profit registered charity which strives to fulfil the unmet social, welfare and health needs of the Burdekin community.

BCA Home Care Service is seeking a number of Support Workers to join our team. Do you have a warm and caring nature and a positive attitude toward client wellbeing? Support Workers assist clients to remain in the community by providing domestic assistance, social support, respite care and personal care.

Certificate III in Individual Support (Ageing, Home and Community) desirable but not essential. BCA provides on the job training and coaching.

Please contact The Support Centre for an application package, 130 Queen Street, Ayr, by telephoning 47833744 or emailing [bca@bcaburdekin.org.au](mailto:bca@bcaburdekin.org.au)

[www.burdekincommunityassociation.org.au](http://www.burdekincommunityassociation.org.au)

Are you feeling isolated and alone? Please call our friendly staff at the Burdekin Community Association. We are here to support and assist you.

**Phone**  
**(07)4783 3744**

**Move to a local bank.**

**Bank Local**

Home Hill  
Community Bank Branch  
Phone 4782 2249

Ayr  
Community Bank Branch  
Phone 4783 3288

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- ◆ Full Interior & Exterior Cleaning (Walls, Windows etc.)
- ◆ Discounts for Pensioners may Apply

**For your free quote call:**  
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**Phone—4783 2946**

**BURDEKIN MOTORS PTY LTD**

**NISSAN**

**HYUNDAI**

**KIA**

**MITSUBISHI MOTORS**

**RACQ**

**SALES & SERVICE**  
**183 QUEEN STREET AYR 4807**  
**Ph: 4783 7077**

# FREE

## ONLINE SUICIDE PREVENTION PROGRAM For anyone in the Burdekin district

The Burdekin Suicide Prevention Network (BSPN) is happy to offer a FREE 'Online Suicide Prevention Training Program' to help people recognise when someone is having thoughts of suicide and how to respond to keep that person safe.

- ⇒ 'START' program is a 90-minute Online Training Program
- ⇒ Available for anyone over 13 years of age  
(Parent/guardian permission required for anyone under 16yrs)
- ⇒ No pre-requisite training or experience required.
- ⇒ Caution suggested for those affected by suicide in last 2 years

If interested in finding out about the program or to enrol in the program

- ⇒ Phone the BCA Burdekin Centre for Rural Health on (07) 47832711
- ⇒ Email [jeanie.zonta@bcaburdekin.org.au](mailto:jeanie.zonta@bcaburdekin.org.au)



Generously sponsored by  
**PacificHydro**





**THANK YOU FOR SUPPORTING  
OUR CHRISTMAS DRIVE 2020.**

Thanks to your generous support, we were able to help bring the joy of giving to local families and individuals this festive season.



**BOB GOULD**  
FABRICATIONS

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- **Windows & Doors**
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- **All Glass Replacement**
- **Home Assist & Blue Care Requirements**
- **Internal & External Shutters & Blinds**
- **Crimsafe Security Screens & Doors**

**Phone: (07) 4783 2300**

**165 Drysdale St, Ayr Q 4807**

**Email: [sales@bobgouldfab.com.au](mailto:sales@bobgouldfab.com.au)**

**[www.bobgouldfabrications.com.au](http://www.bobgouldfabrications.com.au)**



**Merv Milburn Painters & Decorators**

**Phone: 47 837 870**

**Mobile: 0428779825**

OBCC 57013

**BCA MONEYBOARD**  
AND THE  
**WINNERS**  
ARE...

Sorry—no winners to report  
this edition due to current  
Covid-19 restrictions.



# Direct from Dale

**Dale LAST MP** Member for **Burdekin**

📍 Shop 30 Centrepoin Arcade, Queen Street, Ayr QLD 4807  
☎ (07) 4767 0500 **Free call** 1800 817 594 ✉ burdekin@parliament.qld.gov.au  
🌐 dalelast.com.au 📺 DaleLastLNP 🐦 @DaleLast1



On behalf of the electorate, I have purchased a Buddy Box to support a child battling cancer. If you would like to support this great cause, please head to

[www.curecancer.com.au/buddy-box](http://www.curecancer.com.au/buddy-box)

## **Thank you Burdekin**

I'd like to start my first contribution since the state election with a simple message – thank you. Thank you for placing your trust in me to continue representing you and our amazingly diverse electorate for another four years. I am deeply humbled to remain in this role, doing what I love.

I'd like to thank all the candidates who ran for Burdekin and the volunteers who assisted with my campaign and the campaigns of other candidates. Putting your hand up to represent your community takes a lot of time, effort and sacrifice. I want to recognise the work they put in and wish them all the best in whatever comes next for them. I can assure you that I will continue to fight hard each and every day for the electorate and I have never forgotten, or taken for granted, the extraordinary privilege of being a Member of Parliament. As always, I will make myself accessible to anyone who needs assistance or support. It is my job to fight for the issues that matter and causes we believe in. Again, thank you Burdekin. I look forward to the opportunity to get stuck into working for our communities once more.

## **Parliamentary Update**

At the time of writing, I have just returned from the first sitting of the 57th Parliament of Queensland. After the pomp and ceremony of the opening by the Governor, it was straight down to business. Five pieces of legislation were introduced during the first sitting day and, by the time you read this edition of Community Connections, the budget process will be well and truly underway. I'm hoping that funding for the projects that the government committed to during the election campaign is included in the budget and that we get our fair share of the pie. I guess we will see!

## **A new focus but the same commitment**

Following the election, I nominated for the position of Deputy Leader of the Opposition. Although I was not successful, I was appointed to several Shadow Ministry positions. As Shadow Minister for Police and Corrective Services, I will be focusing on ensuring Queensland's police officers have the laws and resources they need to help fight crime. My appointment as Shadow Minister for Fire and Emergency Services is especially relevant in North Queensland where we face the yearly threat of cyclones and flooding and is something I am passionate about due to my time with Emergency Management Queensland. Ensuring that we get our fair share will be the main aim of my position as Shadow Minister for Rural and Regional Affairs. That ties in well with serving the people of the Burdekin electorate, which is my first priority.

## **Home Hill Highway needs a helping hand**

At a meeting with the Home Hill Chamber of Commerce, the camber of the Bruce Highway in Home Hill was raised as a safety issue, particularly near the doctor's surgery. The current state of the road has led to people being injured and deters

people from accessing essential services and businesses. Frankly, that's not good enough! I raised the matter with the Queensland Minister for Transport and Main Roads and, despite admitting the road didn't meet the road design standards, he advised that there are no plans to address the issue. Given that the state and federal governments are jointly responsible for highways, I have now raised the matter with the federal Minister for Transport and Deputy Prime Minister, Michael McCormack. Given the state government is always asking the federal government for more money for the highway, I hope Minister McCormack can help resolve this issue before anyone else is injured.

and that's a good reason to remember the true spirit of Christmas. Donations are now being accepted for my annual Christmas Appeal and every donation, big or small, makes a huge difference because it shows people who are doing it tough that the community cares and that they are not alone." In addition to gifts for younger members of families, items like non-perishable food and even a few small luxuries are greatly appreciated. Importantly, you can also play your part without contributing to the collection. Whether it's a donation or just showing someone you care, every little bit makes a huge difference. After such a trying year for many people, those little bits can really add up.



Last year's Christmas Appeal helped local families in need and I'm hoping we can do the same this year.

### **Can you help this Christmas?**

I don't think anyone would disagree that 2020 has been difficult in so many ways for so many people

### **Let's make it a truly Merry Christmas**

Everyone celebrates Christmas and the New Year in their own way and, no matter how you are celebrating, please keep an eye out for others. If you are travelling by road, please be patient and take note of the "Fatal 5". This year has been trying enough and the last thing we want is to have the festive season marred with tragedy. On behalf of my staff, Julie, David and Marisa and my family, please accept my wishes for a happy and safe Christmas and here's to 2021 being a far better year than 2020. Please also remember that, if you need help over the festive season, it is available. You are not alone.

*Until next time, stay safe and well.*

*Dale.*

For information on my daily travels, please check out [www.facebook.com/DaleLastLNP](https://www.facebook.com/DaleLastLNP)

If you have an issue you need my help with, please call 4767 0500 or email [burdekin@parliament.qld.gov.au](mailto:burdekin@parliament.qld.gov.au)



**Lori & Neville Boyle**

(07) 4783 1608 ALL HOURS

86 Railway Street, AYR, Qld 4807

[burdekinfunerals@yahoo.com.au](mailto:burdekinfunerals@yahoo.com.au)



# BCA Home Care Service

## COVID-19 Update (July 2020)

Our office is now open to the Public and our staff are continuing to deliver services. Support Workers and Bus Drivers will provide services **as scheduled** with a number of WHS measures in place.

Local and Townsville bus services will continue at this stage with passenger numbers limited to ensure social distancing. Social Support is available for you to access medical and other vital appointments including shopping.

### **Additional Safety Measures**

- \* Staff have completed a number of infection control and COVID-19 specific training sessions.
- \* Staff are required to check their temperature each morning before work and are not permitted to work if they are unwell in general or show symptoms of COVID-19.
- \* Staff are required to wear gloves and sanitize/wash hands regularly.
- \* Staff are required to maintain social distancing unless this is not possible (providing personal care etc.).
- \* Staff will ask a number of questions before entering a residence to ensure the occupants are well, preventing the spread of sickness including COVID-19.

We acknowledge that the uncertainty around the future impacts of COVID-19 may cause concern. However, we will always put your safety and comfort first. As always feel free to discuss any concerns about continuity of services, care and support with our Service Coordinator Amber Betteridge:

Phone: (07) 4783 3744  
Email: [bca@bcaburdekin.org.au](mailto:bca@bcaburdekin.org.au)

## Home Care Packages

The BCA Home Care Service is an approved provider for Home Care Packages level 1, 2, 3 and 4.

Home Care Packages enable recipients to access a much higher level of services than the Commonwealth Home Support Service.

Services available under a package include but are not limited to:

Domestic Assistance, Social Support, Respite Care, Personal Care, Home Maintenance, Transport, Allied Health Services, Continence Aids and much, much more.

Home Care Packages are delivered as consumer directed care (CDC), this means you are able to choose which services you would like to receive within the available funds allocated by the government.

The Home Care Service team are qualified, experienced, dedicated and ready to help you.

If you have been approved for or allocated a Home Care Package, please don't hesitate to contact us on 4783 3744 for more information—**we will happily come to your home to provide you with more information.**

If you are waiting on the National Queue to be allocated a Home Care Package, please call us for more information regarding the process once you have been assigned a package.

Providing quality Home Care Services in the Burdekin since 1978

# BCA Home Care Service

## In- Home Services

The Home Care Service can provide the following basic maintenance and support services to eligible members of the community through the Commonwealth Home Support Program and the Queensland Community Support Scheme.

**Domestic Assistance**—basic house cleaning, clothes washing, bed making, assisted meal preparation and unassisted shopping.

**Social Support**—friendly visiting, shopping, bill paying, banking, taking people to appointments or social outings, letter writing and telephone based monitoring.

**Personal Care**—bathing or showering, dressing, grooming, toileting, getting in and out of bed and moving about the house and medication monitoring.

**Respite Care (in-home)** - care recipient supervision, assisted personal care, accompaniment on social outings, assistance with meal preparation.

**Home Maintenance**—lawn mowing and rubbish removal

**Transport**—Locally and to Townsville—'door to door' transport to appointments, shopping, social activities and venues in our bus which has disability access including a wheelchair hoist.



**NDIS**



**BCA Home Care Service is NDIS Approved and does not have a waiting list in place!**

## Transport Schedule

### **Burdekin Community Association Inc. Home Care Service**

Transport Service bookings phone: 4783 7015

Monday to Friday—9.00 am to 4.00 pm

*Schedules and fares effective July 2016*

**Bookings are essential with at least  
24 hours notice**

### Local Schedule and Fares Townsville Schedule and Fares

DAY	PICK UP LOCATION	FARE
Monday Tuesday Wednesday Thursday Friday	Ayr Home Hill Brandon	\$8.00
	Carers only	\$5.00
Thursday (Fortnightly only)	Giru	\$8.00
	Carers only	\$5.00

*\*Clients who do not provide the Driver with a completed*

DAY	PICK UP LOCATION	FARES
Monday Tuesday Wednesday Friday	Ayr Home Hill Brandon Giru	\$5.00 with PTSS*
	Ayr Brandon Giru	\$60
	Home Hill	\$66.00
	Carers only	\$5.00

*and approved PTSS  
Form on the day of  
travel are not eligible for  
the subsidised fare and  
will be required to pay  
the full fare.*

**Refer to the Transport  
Brochure for  
Conditions of Travel**



Call The Support Centre ~ 4783 3744



# Burdekin District History

Glenis Cislowski Phone: 47833398



## NORTHWOOD'S SERVICE STATION 1949-2008 (PART 3)

Northwood's opened the doors for business Wednesday 4<sup>th</sup> May, 1949.

On the first day twenty-four gallons of petrol were sold (108litres), and by the end of the week 167 gallons were sold. Banked total for the first month were £607/5/7(\$1214.57). Petrol Pumps were Vacuum, Caltex, Shell C.O.R, and Neptune. Even though the war was over, the petrol was still rationed. If we could not give the petrol company, the coupon we would not be able to refill the underground tanks. Occasionally the Northwood's would give petrol to someone without a coupon. A

Farmer by the name of Tommy Menso would sometimes bring in a coupon for 44gallons to give to us as he didn't need the fuel. This was very much appreciated.

Lubrication cost 7shillings and sixpence (75cents), Battery recharge was one shilling and six pence (15cents). Lubrication and Oil Change cost £1. 30p (\$2.30).

Lou helped in the shop in between serving customers, she would do the ironing and mending and at night she did the cooking and housework. After ten year she went on the payroll. The Tax Office thought she was getting paid for doing no work, because she





was Ray's wife. They said it was a tax dodge. Jack Brandon (the accountant) supplied how she worked six days a week and was on call on Sunday if one of the boys were sick.

Ron and Raymond helped in the shop also. At 7.00am they put out air and water hoses, filled oil bottles and swept the driveway before going to school. They also had to help by serving customers, checking water levels in batteries that were being re-charged. After school the boys fixed flat tyres. One day Ron fitted the first tubeless tyre. They cleaned the rim where the tyre was to be fitted. It was for Dr Nelson's Vanguard and a 550X 16 4 PLT Olympic tyre was fitted. The tyre was pumped up to 60lbs pressure and placed in a tub of water to see if it did not leak. Dr Nelson drove away

and came back and said it was rough because Ron did not let the pressure go to 28lbs. Everything was ok.

One morning Ron put out the air hose and gave it a flick to unroll it as it was done every morning. This day the end came off the air gauge and went through the big glass window- the window smashed with a bang. Ron had to wait for Ray to come out of toilet to report the broken window- the longest few minutes of his life. The insurance claim on this window cost the same as the window which was sucked out in the 1959 cyclone, named Connie.

Battery charging moved to 4/6 (45cents) and fast battery charge to 6/6 (65 cents.)

Next time we move to 1950's with the Northwood Family. Thank you, Ron Northwood for your memories.

*Enjoy your Christmas and New Year break and we will continue the next episode in 2021.*

*Glenis.*

## K. & S. Wright Funeral Directors

Personally Serving the  
Burdekin and  
surrounding areas with  
compassion and dignified  
service for over 50 years.

Ken & Elizabeth  
Wright Q.F.D.A.



Also offering: Funeral Plans &  
Pre Arrangement Facilities.

40 Fourteenth Street,  
Home Hill

Phone: 47821270

Fax: 47821070

# Be Connected

## Network Introduction



BCA Seniors Computer Kiosk Equipment: a touch screen all in one, desktop all in one, all in one laser printer/scanner and a Tablet.



**Be Connected**  
Every Australian online.



**Good Things**  
Foundation

**BOOK NOW and learn how to use your Computer , Tablet, Smartphone etc. One on One lessons for 50's plus Commencing again on Monday 15th June 2020.  
Book Now**

**The Burdekin Community Association Inc.**

**ONE ON ONE LESSONS FOR 50's plus.**

**The Support Centre, 130 Queen Street, Ayr.**

**Monday, Tuesday, Wednesday, Thursday 9.30am-12.30pm**

We're back. Learn in a Covid safe environment how to use technology effectively and stress-free, with our one on one specialized volunteer tutors who will focus on your individual needs and learning style. Enjoy a safe and comfortable learning environment while benefiting from the latest technology and software. Effectively learn on your our device with a wide range of tailored learning sessions - from beginning basics; such as introduction to Computers, Internet and E-mail, to more advanced sessions, for example:

- *Learn how to video call family:- use Zoom, Messenger etc.*
- *Cybersecurity and Digital Imaging*
- *Learn how to shop online, book medical appointments online, grocery shop online, pay bills with Bpay and much more*
- *Research your family history*
- *Surf the internet, access emails, engage in social media,*

For further information or to make an appointment pop in The Support Centre, 130 Queen Street Ayr or call us on 47833744.





# Eathorne's Tide Times



**YOUR LOCAL EXPERTS**

Ph: 4783 5744  
138 Queen Street, Ayr Q 4807

## DECEMBER 2020

Day	Time	Mtr	Day	Time	Mtr	Day	Time	Mtr
01	0228 0932 1541 2022	0.84 3.06 1.67 2.40	12	0109 0723 1348 1906	0.36 3.47 0.99 3.27	23	0544 1147 1728	2.44 1.68 2.72
02	0247 1008 1633 2049	0.89 3.01 1.76 2.28	13	0143 0807 1439 1950	0.25 3.69 0.98 3.15	24	0021 0624 1236 1800	1.03 2.65 1.64 2.68
03	0310 1050 1743 2121	0.98 2.94 1.84 2.13	14	0219 0852 1532 2036	0.22 3.80 1.03 2.98	25	0047 0656 1313 1826	0.96 2.83 1.60 2.65
04	0339 1141 1907 2204	1.11 2.87 1.84 1.96	15	0258 0939 1627 2124	0.28 3.79 1.12 2.76	26	0109 0725 1346 1847	0.91 2.98 1.58 2.60
05	0421 1243 2102	1.28 2.81 1.72	16	0338 1027 1725 2214	0.44 3.68 1.25 2.52	27	0127 0754 1415 1907	0.86 3.10 1.56 2.57
06	0012 0616 1403 2206	1.81 1.47 2.83 1.51	17	0420 1117 1831 2308	0.67 3.49 1.36 2.29	28	0145 0822 1445 1928	0.82 3.20 1.56 2.54
07	0306 0839 1523 2248	1.89 1.50 2.94 1.26	18	0505 1211 1943	0.95 3.25 1.43	29	0205 0851 1517 1954	0.78 3.27 1.56 2.52
08	0425 1004 1619 2325	2.18 1.41 3.08 1.00	19	0014 0557 1315 2058	2.10 1.24 3.03 1.42	30	0227 0924 1552 2025	0.76 3.31 1.58 2.50
09	0515 1108 1705	2.51 1.28 3.21	20	0147 0713 1432 2209	2.00 1.5 2.86 1.34	31	0254 0959 1632 2101	0.78 3.31 1.61 2.44
10	0000 0558 1205 1746	0.76 2.86 1.15 3.29	21	0331 0917 1548 2306	2.06 1.66 2.78 1.23	<b>MOON PHASES</b>  Last Quarter - 8th New Moon - 15th First Quarter - 22nd Full Moon - 30th		
11	0035 0640 1257 1826	0.54 3.19 1.05 3.31	22	0451 1042 1646 2348	2.23 1.70 2.74 1.12			

Location	High	Low
Bowen	+0.50	+0.50
Burdekin River Groper Creek	+1.00	+1.30
Cape Bowling Green	+0.02	+0.06
Cape Upstart	+0.18	+0.12

## JANUARY 2021

Day	Time	Mtr	Day	Time	Mtr	Day	Time	Mtr
01	0330 1040 1720 2152	0.80 3.35 1.60 2.40	12	0207 0845 1527 2026	0.38 3.83 1.12 2.90	23	0030 0656 1323 1833	1.15 2.90 1.67 2.47
02	0408 1123 1816 2250	0.91 3.29 1.62 2.29	13	0244 0926 1612 2110	0.39 3.84 1.16 2.82	24	0055 0720 1351 1854	1.06 3.07 1.59 2.49
03	0453 1212 1923	1.07 3.20 1.59	14	0319 1007 1658 2154	0.49 3.75 1.25 2.70	25	0117 0745 1416 1911	0.97 3.22 1.53 2.53
04	0003 0558 1307 2036	2.19 1.28 3.11 1.50	15	0354 1047 1746 2238	0.67 3.58 1.38 2.54	26	0139 0810 1441 1930	0.87 3.36 1.47 2.61
05	0132 0737 1413 2145	2.15 1.48 3.02 1.34	16	0426 1129 1843 2325	0.92 3.34 1.52 2.36	27	0200 0836 1506 1956	0.76 3.49 1.42 2.71
06	0330 0919 1524 2243	2.29 1.58 2.97 1.13	17	0458 121 1949	1.21 3.07 1.60	28	0225 0906 1534 2029	0.67 3.59 1.37 2.79
07	0452 1050 1627 2331	2.57 1.56 2.95 0.92	18	0024 0534 1300 2106	2.19 1.52 2.81 1.61	29	0253 0939 1605 2107	0.61 3.66 1.35 2.82
08	0551 1204 1721	2.90 1.46 2.95	19	0202 0644 1411 2223	2.09 1.83 2.60 1.51	30	0324 1015 1642 2151	0.63 3.67 1.35 2.80
09	0015 0639 1303 1810	0.73 3.22 1.33 2.96	20	0426 1015 1558 2320	2.20 1.97 2.48 1.38	31	0359 1054 1727 2242	0.74 3.59 1.38 2.72
10	0053 0722 1355 1856	0.57 3.50 1.22 2.96	21	0551 1153 1719	2.45 1.89 2.47	<b>MOON PHASES</b>  Last Quarter - 6th New Moon - 13th First Quarter - 21st Full Moon - 29th		
11	0130 0803 1442 1941	0.44 3.71 1.14 2.94	22	0000 0628 1246 1803	1.25 2.69 1.77 2.47			

Location	High	Low
Bowen	+0.50	+0.50
Burdekin River Groper Creek	+1.00	+1.30
Cape Bowling Green	+0.02	+0.06
Cape Upstart	+0.18	+0.12

The Bureau of Meteorology gives no warranty of any kind whether express, implied, statutory or otherwise in respect to the availability, accuracy, currency, completeness, quality or reliability of the information or that the information will be fit for any particular purpose or will not infringe any third party Intellectual Property rights. The Bureau's liability for any loss, damage, cost or expense resulting from use of, or reliance on, the information is entirely excluded.

While we can't avoid disasters, there are things you can do now to help you and your loved ones be prepared, cope better and recover more quickly if an emergency happens. Help is available, but be prepared to help yourself, family and friends. Learn about disasters and how they can affect you.

# WHAT'S YOUR [WHAT-IF PLAN?]

## Step 1 You can prepare mentally

Research tells us that the better prepared people are for disasters the easier it is to recover. Emergencies can happen at any time and can disrupt your life in ways you don't expect.

Some things to consider when getting prepared for a disaster include:

- The types of disasters that may happen in your area.
- How to protect yourself, your family, your house, your pets and irreplaceable possessions.
- Agreeing on a meeting place if you become separated from one another – both before and after a disaster. Phone service may not be available after a disaster.
- Finding the safest room in your house in case your windows or doors blow in.
- How a disaster might affect your family financially.
- How you and your family might feel after a disaster.
- What you can do to stay healthy both physically and mentally.
- How you can stay in touch with your friends and the community

## Step 2 Prepare physically

You can reduce the stress of emergencies, big and small, by being prepared and knowing the risks. Most people under stress don't think as clearly, which affects their decisions and reactions. Here's what you can do:

### 1 - Make a Household Emergency Plan

Together with your family, talk about how you are likely to feel, think and respond in an emergency. Prepare with your family by talking about and writing down:

- What might happen during a cyclone, flood storm or bushfire?
- What will you do if you are separated or in different locations and an emergency happens?
- Where would you evacuate to? (See evacuation areas in the Burdekin Emergency Action Guide)
- Where are your emergency meeting places?

You can use one of these templates:

<http://www.redcross.org.au/emergency-resources.aspx> or <https://getready.qld.gov.au/plan/>

**If your plan is to relocate to family and friends – make sure your family and friends know.**

- **Register on-line with Register. Find. Reunite which is an Australian Government Initiative managed by the Australian Red Cross.** <https://register.redcross.org.au/>

**If your plan is to stay in place then you will need to be prepared to 'camp indoors' for at least three days.**

- **Secure and protect your house, restrain and shelter pets, prepare an Emergency Kit for your family.**

Not sure if you should evacuate? See page 17 of your Emergency Action Guide and the maps on pages 31-37. If you choose to ignore warnings and do not evacuate when asked, do not expect Emergency Services to respond during the event.

### 2 - Have an Emergency Kit

What should you put in your kit? See page 6 & 7 of your Emergency Action Guide

### 3 - Prepare your house, car, boat and pets

Before cyclone season even starts, you can clean up your house and yard.

See pages 5 and 10 of your Emergency Action Guide for a list of things you can do.



# Step 3

## List important numbers

Keep them with you or in your Emergency Kit. Important numbers need to include:

- Police, Fire and Ambulance 000
- Burdekin Shire Council 4783 9800
- SES 132500

See page 39 of your Emergency Action Guide for other useful phone numbers and websites.

# Step 4 Listen

[www.facebook.com/BurdekinDCC](http://www.facebook.com/BurdekinDCC)  
ABC North Qld 630, SWEET FM 97.1, 4TOFM (92.3), HitFM (93.1) and ABC TV

Before, during and after an event, follow all instructions from your Local Disaster Management Group and Emergency Services through their Facebook page and your local radio and television channels.

There will be regular updates regarding instructions and services available in your area.

## PLAN & PREPARE

### MORE INFORMATION

During a disaster the Burdekin Local Disaster Management Group is your number one source of information.

- [www.burdekin.qld.gov.au](http://www.burdekin.qld.gov.au)
- <https://www.facebook.com/BurdekinDCC>
- T: 07 4783 9800
- SES: 132 500
- 000

## THE BURDEKIN SHIRE HAS A NEW EMERGENCY MANAGEMENT WEBSITE EMERGENCY DASHBOARD



The **Emergency Dashboard** has been designed as a "ONE STOP" location for residents and visitors to access all necessary resources and information during an emergency situation.

The **Emergency Dashboard** will allow you to view up to date information from:

- Burdekin Local Disaster Management Group
- Burdekin Shire Council
- Bureau of Meteorology (BoM)
- Department of Transport and Main Roads
- Ergon Energy
- Queensland Ambulance Service
- Queensland Fire and Emergency Services
- Queensland Police Service



For all enquiries please contact  
Council's Customer Service Centre  
Phone: 07 4783 9800  
Email: [enquiries@burdekin.qld.gov.au](mailto:enquiries@burdekin.qld.gov.au)

*This project was funded by the  
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TO VIEW THE  
EMERGENCY DASHBOARD  
VISIT  
[disaster.burdekin.qld.gov.au](http://disaster.burdekin.qld.gov.au)  
OR SCAN QR CODE →





# What's happening at BCA Rural Health ~ January 2021

## News Update from our Centre

### Message from our Service Coordinator (Tracey Hobbs)

With further easing of the Coronavirus restrictions and the implementation of Stage 3, we have been able to reintroduce all of our previous services. The safety of our clients and staff is paramount and therefore it is important that we continue to abide by social distancing and hygiene rules. If anyone is feeling unwell, I urge them to please stay at home. I would like to take this opportunity to thank our valued clients for your patience and understanding during these unprecedented times and to welcome you back to the Burdekin Centre for Rural Health.

#### ◇ Rehabilitation Centre

##### **Individual Rehabilitation and Early Intervention Activities**

Both individual and Early Intervention Activities have re-commenced in the Rehab Centre whilst strictly monitoring the number of clients at any one time and maintaining the required social distancing measures as well as practicing good hygiene. We are pleased to announce two new Exercise Physiologists have commenced in the Rehabilitation Centre enabling us to continue to provide you with the best and most effective individualised and group programs suitable to your conditions.

#### ◇ Psychology Service

Face to face psychology consultations are now available. Three psychologists, Phillip Murray, Jennifer Sergo and Dana Corden continue to work out of the centre under the Stepped Care Psychological Therapies Program. Although this program has seen some changes made to the acceptance criteria and number of allowable sessions within the last 6 months, it is a free and necessary service for the residents of the Burdekin Shire. For anyone wanting to see a psychologist, a referral from a General Practitioner is required to be forwarded to Connect to Wellbeing to be triaged and then referred to the Service Provider. (BCA)

#### ◇ Suicide Prevention Program

The 'Burdekin Suicide Prevention Network' (BSPN) meets every 2 months to discuss emerging suicide prevention concerns in the community. Through this network the 'Community Action Plan' (CAP) was developed to outline the committee plans for the community. This living document is available for reference through the BCA Webpage and we strongly encourage anyone in the community to give feedback on the CAP.

An initiative of the BSPN to address the provision of suicide prevention training in the community has recently been made available. Due to a generous funding grant through 'Pacific Hydro' 2020 Sustainable Communities Fund, the *LivingWorks 'START'* program has now commenced in the district.

This fully funded **FREE** program is an early intervention '90 minute online training program that prepares trainees with the skills to recognize when someone is having thoughts of suicide and how to respond to keep them safe.'

We urge anyone in the community who is interested in finding out more about this free program including online enrolment, to phone BCA Centre for Rural Health.

◇ For more information on any of these activities please contact BCA Centre for Rural Health on 47832711, between 9am and 4.30pm Monday to Friday. Annmaree our Administration Officer is available to answer all of your enquiries.

## Visiting Service Providers

### •Bloom Hearing

1800 027 779

### •Burdekin Hearing

1800 008 308

### •Clarity Hearing Solutions

4779 1566

### •Air Liquide

•CPAP Therapy  
Consultant  
4728 8277

### •NAPHL Diabetic Educator

4722 8766

### •NQ Foot and Ankle Centre

4723 5500

### •Judy Satish Podiatry

4721 1822

## Contact us

Burdekin Centre for Rural Health, Burdekin Community Association Inc.  
12a Chippendale Street, Ayr ~ Phone 4783 2711 ~ Fax 4783 7611  
Email: [bca@bcaburdekin.org.au](mailto:bca@bcaburdekin.org.au)



Burdekin Community Association Inc.